



## From the Health Office:

7th Grade Physicals, Immunizations, Medications, Modified Sports For the 2020-2021 School Year

June 2020

Dear Parent/Guardian,

New York State requires a physical and requests a <u>Dental Certificate</u> for all New students and 7th graders. The meningitis vaccine is required in 7<sup>th</sup> grade. If your child has already had a recent physical, please forward it to the Health Office.

It is important to inform the school nurse of any health/medical issues (allergies/epipen, asthma/inhaler, etc.) your child may have. If your child has allergies and/or asthma, you are required to provide the Emergency Care Plan Form. If your child requires prescription or over-the-counter medication in school, the Medication Authorization Form must be completed by the physician and signed by parent/guardian every school year. Parents are required to to fill out a Health Office Emergency Form for EACH child if you are unable to be reached when your child is sick or injured. Please indicate any pertinent health history, medications and appropriate persons/phone numbers for use in an emergency. The forms you may need are attached and also on the IMS website.

Please return completed forms to the Middle School Health Office **by September 8, 2020**. No medication will be given without a completed medication form. Medication supply (including over the counter) is provided by you and should be brought to the Health Office in the original container.

**Modified Sports Program:** Students entering the 7<sup>th</sup> grade may participate in sports. Due to COVID-19, there is some uncertainty around fall sports. At this point, we anticipate the fall season to begin in September for students with completed and approved registration on the Family ID website. Online registration will open in August. Information regarding Family ID and registration will come directly from the Athletic Director's office this summer. Please direct any sport related questions to our Athletic Director (914-269-5491).

If you have any questions, please call or email the Health Office.

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Middle School Nurse

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